

Here you can find minutes of the ECAED Board's work during 2022.

It's been intense work, and they reflect current thoughts and actions. Minutes are as they were released after the Board's work was carried out.

The values of transparency and democracy are the cornerstones of the credibility of the message we send to defend the needs of people with ED, their families, and globally the communities. AED is the leader in the prevention and treatment of ED.

AED's European Chapter, ECAED

Minutes

2022

Minutes of a meeting of the European Chapter of the Academy for Eating Disorders Wednesday 11th December 2021 – via Zoom

		<i>Action</i>
1.	Welcome and apologies	
	Present:	
	Umberto Nizzoli (UN), Yael Latzer (YL), Ashish Kumar (AK), Thalia Abatzi (TA), Helen Missen (HM), Emilio Manzato (EM), Riccardo Dalle Grave (RDG), Eva Conceição (EC), Patrizia Todisco (PT), Stephen Anderson (SA)	
	Apologies:	
	Gry Kjærdsdam Telléus	
	AK welcomed everyone to the meeting, and in particular welcomed new colleagues to the Board, Patrizia Todisco and Riccardo Dalle Grave. He thanked Umberto Nizzoli for taking on the role as president, and Yael Latzer, role of vice president for the new term of the Board.	
	UN, YL and other colleagues thanked AK for his leadership of the European Chapter since its inception and for his enthusiasm for developing the Chapter. YL suggested that the Board consider a gift to thank AK.	
2.	European Chapter mission and vision	
	UN spent some time discussing the European Chapter and its relationship with the PCAC. The Chapter is a scientific society for Eating Disorders in Europe. He stated that our identity and mission is to develop the scientific knowledge, the tools to share knowledge and to promote and grow the presence of the Academy in Europe.	Paper attached
	UN noted that the Chapter Board are elected to represent the Academy in the European arena. The European Chapter is a direct part of the Academy and the Board works for the Academy as a European scientific society.	
	The PCAC consists of members named by the different organisations that	

	make up the PCAC and the Committee co-ordinates and brings together these different member organisations. Member societies maintain their own autonomy in their home nations. UN discussed the new organisational model of the Academy which has been discussed at previous PCAC meetings. He went on to provide some information to the Board about the other Chapters within the PCAC: the Middle East Chapter is the newest Chapter; The Nordic Chapter whose members are also part of the European Chapter; Hispano Latin American Chapter, some of whose members are also part of our Chapter. There was some discussion about our identity as the European Chapter. AK discussed recent events in relation to the Board elections and changes to the AED organisational structure. He provided an explanation of the European Chapter Board, bye laws and organisation and noted that we are part of and also independent of AED. The Chapter decides on its own agenda and workstream. Gry links the AED and European Chapter Boards.	
2.	Global Survey	
	UN discussed the background to and the current state of the survey as well as the AED Board response to the survey. The work was led by AK and involved 33 colleagues from around the world, and from the EC and PCAC. The AED Board has noted its view that the questionnaire with 64 items is too large to answer and has suggested splitting it and perhaps EC and PCAC leading on two different parts. UN suggests that this needs to be discussed with the Global Survey Group. AK noted that the group is due to meet again in the next week or so. AK discussed the background to the survey and what the group had hoped to gain from this work which has never been done before on a global scale. The group has met on 5 or 6 occasions since February 2021 and AK can share minutes. It has been a difficult process to get to this stage. The survey was sent to the AED Board in September 2021. The Group consists of a number of past presidents of the AED as well as the current co-chairs of the PCAC and other PCAC members. The survey was a collaborative effort amongst a number of organisations and countries. AK notes that the current issues/division are politically driven. UN invited comments on the AED Board response from the meeting. YL agrees that the questionnaire is lengthy but does not think it would be appropriate to split between EC and PCAC. She suggested splitting in to two questionnaires to be sent out at different times. There was some discussion about whether colleagues would take the time to complete two different surveys like this.	AED Board response attached for info AK will share survey group minutes

	EM noted that although the survey is lengthy, it could be very useful if colleagues completed it as it is and provide useful information. AK noted that the process for considering translation to all relevant languages had already begun pending the Board's approval. Suggest that splitting the survey when the group has spent time developing it and considering these points would be a backward step. RDG suggested that there is a need for a strategy for revising the survey and noted that he would be happy to be involved in the work going forwards, particularly in relation to comments about data and statistics. TA suggested a pilot of 10-20 people to assess whether they complete the survey and how long it takes in reality. It was noted that AED and the national societies need to agree with the survey as they will be important in disseminating. EC noted that in relation to the possibility of part of the survey being conducted by the European Chapter and separate from AED, the survey and ongoing work will be stronger in collaboration, and jointly with PCAC and AED. Colleagues will be more likely to complete if endorsed by AED/PCAC. She suggested that splitting the survey may mean that people will not complete two different surveys so potential information could be missed. She wondered about how we instil enthusiasm among global colleagues to complete the survey even if lengthy in the hope that we will obtain helpful data from this that will benefit us all. She also wondered about an incentive or prize. PT noted that she personally does not like completing long surveys. She noted the need to find a way of continuing to collaborate on this work to maintain and build relationships within the Academy. HM suggested sharing the survey with the new European Chapter Board as it is clear that not all have seen it or know the background. She noted that if part of the survey becomes a Chapter only piece of work, it still needs to be promoted and disseminated. She raised a concern about whether we may potentially lose data if the survey is too long and colleagues do not complete it as a result. At the end of the discussion, UN noted the following: 1. We need to be clear about the history of this projects 2. The discussion needs to involve the Global Survey Group that has completed the work so far on 7th December 3. There is a need to discuss further with the ED Board	AK to share survey with EC Board AK to feed back following the next survey meeting
3.	Other items	
	It was not possible to cover all items on the agenda and these will be brought back to the next meeting.	
4.	Next Meeting	

	Wednesday 5 th January 2022 at 8pm UK time, 9pm Central Europe time	
	Agenda and link will be sent prior to the meeting	

**Minutes of a meeting of the European Chapter of the Academy for Eating Disorders
Wednesday 9th February 2022 – via Zoom**

		<i>Action</i>
1.	Welcome and apologies:	
	Present:	
	Umberto Nizzoli (UN), Yael Latzer (YL), Ashish Kumar (AK), Emilia Manzato (EM), Riccardo Dalle Grave (RDG), Patrizia Todisco (PT), Stephen Anderson (SA), Gry Kjærdsdam Telléus (GKT), Elissa Myers (EMM), Helen Missen (HM), Thalia Abatzi (TA)	
	Apologies:	
	Eva Conceição,	
	UN Welcomed everyone to the meeting and outlined the agenda for today's meeting.	
2.	Previous Minutes – meeting of December 2021:	
	Minutes were accepted as a record of the meeting.	
3.	European Chapter logo	
	Suggested logo was distributed prior to the meeting by EMM. UN described the design. GKT noted that part of the design is similar to the AED logo and as such wondered whether approval of the AED Board may be required. AK noted that a similar logo was used when European Chapter was developed and there were no issues. RDG suggested that a Chapter should be able to use a similar logo to AED as we are a part of the AED. AK suggest removing the waves from the logo to make sufficiently different to AED to make it standalone. 3 stars as 3 aspects of Europe – European Commission, European Council and WHO definition of Europe. GKT will consult with Board. The meeting approved the logo subject to agreement of AED.	GKT to discuss with AED Board and inform EC Board
4.	European Chapter Facebook	
	EMM has set up a European Chapter Facebook page. 270 people have signed on to the page. In contrast, European Chapter has 50 members. EMM has been adding posts from other relevant organisations. Reminder for all of us to add to the page. UN urge colleagues to promote the page. RDG asked whether information had to be sent to EMM who is administrator. EMM confirmed anyone can post to the page and encouraged us all to post.	All to view, post & promote
5.	European Chapter Website	
	<i>Discussion of content and resources</i> UN discussed suggestions about front page, including sharing what is happening in different countries with the aim of reaching all 53 countries.	EMM to begin setting up basic

	EMM shared AED web taxonomy to suggest what may be relevant for our page which includes key actions, resources, communities, audiences and 'about.' The board agreed that this would be a reasonable format for us to use. EM and PT happy to help with this work. EMM has volunteered to set up the basic structure and content and then share with the Board.	structure of site
6.	Building the European eating disorders community	
	UN discussed how we contact as many colleagues as possible who are engaged in eating disorders work in Europe and invite them to join the EC to receive newsletters, information about webinars etc. EMM asked whether colleagues could send contact details to add to database.	All – send contact details to EMM
7.	Priorities for the EC for the next 12 months	
	<i>And of the priorities, can each of you accept responsibility for leading one (or more) of them? We can only be effective if every member of the Board accepts personal responsibility for accomplishing something for the community. We can consider these activities – but you may have other ideas...</i> <i>Offer webinars?</i> <i>Produce newsletters</i> <i>Participate in some way in World eating Disorders Day June 2. 2022</i> <i>Obtain permission to email to 2000+ eating disorder professionals in Europe</i> <i>Explore establishing a relationship with WHO – and updating their ED resources?</i> <i>Explore establishing a relationship with European Union</i> <i>Liaison with European National Societies</i> <i>Plan and execute a 2022 European Chapter meeting</i> <i>Establish regular contact with other chapters</i> - RDG has kindly agreed to present a webinar on CBT-E – suggest Wednesday 27 April at 5pm central Europe time. AK has agreed to do another webinar on the topic of eating disorders in children, including working with parents and families. YL happy to present webinar on night eating syndrome. AK suggested nominal fee for webinars eg €20-30 which could be used to maintain website or other costs. UN noted that we would need to determine how we would be able to accept money; need for a bank account for materials etc. Agree that bank account needed to allow us to charge fees and to use for functions of the Chapter. PT could do webinar – will think about topic. GTK suggest sharing information with PCAC (UN and SA to share). - AK has some material for the newsletter and is happy to work on this with a colleague. YL is happy to help with newsletter. EM keen to support newsletter work. RDG discussed the need to consider the structure and frequency of the newsletter – suggest sharing ideas about this and assign topics to named colleagues. EMM will	Bank account to be opened Consider structure to then allow focus on content

	discuss structure with AK and distribute to the group. PT also happy to write. c. Not discussed d. Not discussed e. AK will liaise and try to develop relationship with WHO. f. Not discussed g. EM to organize meeting of representatives of European national societies. EM will send EMM letter to forward on to these societies h. See below i. PT happy to try to make links with other Chapters – will set up zoom meeting with HLA, Nordic, MEEDA, Canada, ANZ if possible	AK EM to write to societies PT
8.	European Chapter Conference at ICED 2022, Monterrey	
	ICED22 will now be virtual. Our conference will go ahead virtually on 7th June. HLA Chapter will have Congress on 8 & 9 October in Monterrey. They suggest merging with European Chapter for this face-to-face conference. Costs will largely be limited to travel. Agree to propose a workshop. Board did not think that it would be realistic to agree to undertake a joint conference. Conference in Alpach on 20 October – TA asked about speakers and topics. This needs to be discussed and announced so that people can book. Also asked about financial issues/risk related to conference. This would be underwritten by the organiser, not AED. Asking whether there should be parallel sessions, format of conference and general theme. This is organised by Austrian Society, so UN suggests they give proposals to the ECB to discuss. June 7th – AK informed the group that speakers are agreed. AK will share program and can then have further discussion about program for Alpach.	AK to share program
9.	Volunteers, Advocacy & Alliance with lived experience	
	HM discussed carer community that has been set up in Europe. Suggesting webinar and looking at how to develop links between carer/lived experience organisations and European chapter and other European organisations. UN discussed need to work with and support development of carer organisations. Also discussed difficulties within mental health systems in Italy and the need to rebuild health systems working with family and carer associations.	
10.	Any other business:	
	UN noted that we are waiting for feedback from AED about the Global Survey.	
11.	Next Meeting:	
	Wednesday 2 nd March 2022 at 8pm UK time, 9pm Central Europe time	

**Minutes of a meeting of the European Chapter of the Academy for Eating Disorders
Wednesday 2nd March 2022 – via Zoom**

		Action
1.	Welcome and apologies:	
	Present:	
	Umberto Nizzoli (UN), Ashish Kumar (AK), Emilia Manzato (EM), Riccardo Dalle Grave (RDG), Patrizia Todisco (PT), Stephen Anderson (SA), Elissa Myers (EMM), Helen Missen (HM), Thalia Abatzi (TA), Eva Conceição (EC)	
	Apologies:	
	Gry Kjærdsdam Telléus (GKT), Yael Latzer (YL)	
	UN Welcomed everyone to the meeting and outlined the agenda for today's meeting.	
2.	Previous Minutes – meeting of February 2022:	
	Minutes were accepted as a record of the meeting.	
3.	Examination of the state of things with respect to our social networks: ideas and commitments	
	UN updated the meeting. More than 300 people have joined the Facebook group. We do not yet have a presence in other social media channels. SA will consider setting up Instagram/Twitter.	SA to look at Instagram and Twitter
4.	Information on AED internal relationships: logo, letter of understanding, relationship with other Chapters	
	EMM – AED board will make a decision on the logo at their meeting in March. UN discussed the requirement of writing a memorandum of understanding with AED regarding roles and relationships etc. HM noted that draft MoU should be written by both sides and then negotiate final MoU. AK asked about the reasoning for MoU and whether these would have to be written for every relationship between the Chapter and other parts of AED. HM noted the potential benefits of MoU. UN discussed relationship with other chapters. UN noted that there is a new Operations Director at AED, Erin Quinn and we will invite her to the next meeting. The Global Survey was discussed at PCAC on 1st March. GKT informed PCAC that AED Board have edited the survey and will send back to PCAC and European Chapter after Board meeting on 16th March. UMM discussed the need to use the survey to gain better understanding of what is happening in other European countries. This is important in realising the vision of the European Chapter Board. Discussed whether ethical approval is required for the survey as has been suggested. TA and others suggest this may not be required. RDG thinks that when subjects' data is involved,	Await decision Further discussion UN to send invite

	ethical approval will be required. TA wondered whether the survey could be introduced/launched at the European Chapter conference in Alpach in October.	
5.	European Chapter Website	
	<i>Discussion of content and resources</i> EMM has started work on the European Chapter website https://europeanaed.org Would like to include photos of Board members. Looking for resources to add to the site, either by country or by topic. Discussion about other resources, guidelines etc for example NICE, assessment and other tools – with appropriate acknowledgement.	Send resources to EMM
6.	Efforts to broaden the knowledge, links, participation of colleagues and scientific societies in the sector in the various countries of Europe: information, debate, ideas and commitments	
	UN will attend European Parliament to discuss Eating Disorders throughout Europe. UMM discussed the need for gathering information from all European countries, hopefully via Global Survey	
7.	Our initiatives, debate, ideas, commitment:	
	a. Webinars – first webinar by RDG on 29 April b. Newsletters – UN requests that that each of us write some detail about our own organisations for the newsletter. 300 words, by the time of next meeting. c. World Eating Disorders Day, June 2nd 2022	To be promoted
8.	European Chapter Conference at ICED 2022, Monterrey	
	There was no time for detailed discussion at this meeting. Colleagues requested to email suggestions for discussion within the group.	Email discussion re suggestions and proposals
9.	European Conference in Alpach, October 20th – programme	
	There was no time for detailed discussion at this meeting. Colleagues requested to email suggestions for discussion within the group.	Email discussion re suggestions and proposals
10.	HLA Conference participation: October 8-9th our session programme	
	There was no time for detailed discussion at this meeting. Colleagues requested to email suggestions for discussion within the group.	Email discussion re suggestions and proposals

11.	Alliance with Expert by experience (and their associations)	
	No time for discussion	
12.	Any other business	
13.	Date of next meeting	
	Wednesday 6 th April 2022	

EC board April 6th. 2022

Minutes:

President Nizzoli called the meeting to order at 3:00 PM EST.

The following members were present:

Umberto Nizzoli

Ashish Kumar

Yael Latzer

Thalia Abatzi

Patrizia Todesco

Emilia Manzato

1, previous ECB minutes approval

Approve

2, logo

Approved as submitted

3, our social networks: what's about – Total members: 296

Insights summary

In the last 7 days

Active Members

109

60%

Posts

2

0%

Comments

0

0%

Reactions

11

8%

View Engagement Insights

Top posts

In the last 28 days

L'unità di Riabilitazione Nutrizionale d...

125 reach, 24 engagement

>

strengthen, unite, participate in the Eu...

267 reach, 19 engagement

>

March 15th purple day to share knowl...

294 reach, 170 engagement

>

Greetings all and thank you for approv...

192 reach, 16 engagement

>

the logo is a synthesis of the contents ...

145 reach, 21 engagement

>

Just fyi -- very great progress was ma...

72 reach, 7 engagement

>

View Post Insights



New Twitter Account and Instagram created by Stephen
4, Our website, what's about

5, Memorandum of Understanding with AEDb (in attach)
Strong concern expressed and hard to understand

6, our initiatives:

Webinars (change to mid May date with Riccardo Dalle Grave)

AED has agreed to promote the webinars on their social media and web site

Newsletters – majority of members of the board have prepared and submitted short (300 word) articles

Umberto will write a letter to all European members to introduce The European Chapter

Participation in World Eating Disorders Day June 2. 2022

Two opportunities – one within the PCAC – and also there will be a 24 hour presentations – subject proposed: Larger body challenges/obesity – Australia: Feeling inside a larger body – other national societies, or specific members can create videos –

Yael suggests that because we are all from Europe and represents varied countries and cultures – it would be interesting to have each of us write about eating disorders and how it is treated in each country... similar to what we are doing in the newsletter – could use the "content" from each country to print and then repurpose the presentations as webinettes

7, European Conference at ICED, June 7th (ex Monterrey) virtual, program

Ashish's proposed conference content is approved

8, European Conference in Alpach, October 21st – program

Thalia: European chapter section will be on Friday afternoon – 4 speakers – members can submit their proposals to the Austrian society – it will be a hybrid – and presentations will be in English and German – cost will be something like 40 Euros – HLA has been invited to develop a speaker for the European Conference

9, HLA Conference participation: October 8-9th our session program

We have agreed to prepare a session for the HLA – there are some people who have agreed to be a part of this international conference – eva, ashish, umberto, ricardo, yael,--Eva Trujillo has asked for a presentation describing what the very best practices in ED in their country/in Europe

10, Global Survey, (in attach)

Started two years ago – led by Ashish – with 33 professionals from different countries who met together to produce the survey – The AED Board proposed that the survey would be divided into two parts – and the AED Board appointed a leadership group . AED felt strongly that the survey should have ethical approval. The Survey will be tabulated by Kristin Von Ranson – and she will get Canadian Ethical Approval from the University of Calgary. They have changed the platform from Survey Monkey to Qualtrics. Members of the Euro Chapter board are concerned that the leader – Ashish – has been changed.

Ashish suggested that in 2018 we met in Rome and we had done a survey of ethical laws in mental health each country – we sent out the survey and we presented it Rome. Then subsequently there were a couple of additional similar surveys in UK – and then we decided to do a truly global survey to understand treatment practices and training and other resources in “every” country around the world. The AED board approved the conduct of the survey – and 33 outstanding professionals including lots of AED member/leaders participated in creating the survey over 6=7 meetings. Then AED board asked that there be some changes – and Ashish asked to see the minutes from the AED Board meeting in which the survey was discussed. After a long time, Jennifer Lundgren announced that they have formulated a leadership group – Gry, Cristina, Ursula, Karen Waldehar... It doesn't feel ethically right that this group (as AED) is taking over the work and plagiarizing the work of the committee of the 33. The Board came to Ashish and Umberto asking for more information. It appears that there is a conflict of interest, unethical, -- It was agreed that we would send a letter to the 33 to explain what was happening.

Umberto has asked how can we delicately address this with the AED Board?

Thalia suggests that AED is afraid of the ethical issues – and seeking the ethical review.

It is reviewed that for this kind of survey we don't need “ethical approval” – the ethical approval process is uniquely defined in each country. We need to develop an understanding of what the rules are in each country. Taking “Canadian approval” may not be relevant in other countries.

We will continue the discussion at the next meeting of the Euro Board.

11, Alliance with Expert by experience (and their associations), in Europe and its countries

On June 7 we will address the issue of “rebuilding” the health care system for mental health – Umberto is working to create a discussion with experts by experience and their associations from throughout Europe (and perhaps elsewhere) – to prepare a system to evaluate a system for the delivery of treatment. In Italy there are major differences in the ways of treatment – provincialism... we have a major issue and we need to work together to develop a system for the treatment of primary Care!

12, Others

Your active participation is very important.

I take this opportunity to **remind those who have not yet done so to send their article for the NL** (remember max 300 words on ED a current topic in your country)

Thank you

A special thanks to Elissa, her help in making the network work helps all of us!

See you on April 6th

Ciao

Umberto

AED Global Survey of Eating Disorder Services and Professionals

The Academy for Eating Disorders and its Partners and Chapters from around the world would like to learn more about professionals who provide clinical services in the field of eating disorders or work with people with eating disorders more broadly, such as researchers. The purpose of this study is to investigate eating disorder services across the globe and to learn about education, training, and level of specialization among eating disorder therapists.

If you treat people with eating disorders or work in the field of eating disorders, please complete this survey. The survey will take about 20 minutes to complete. The first part of the survey concerns your own education and training in eating disorders. The second part of the survey concerns the service you may work in. Though you or your service may not specialize exclusively in eating disorders, if you or your team provide services to patients with eating disorders in the past 12 months, please try to answer all the questions.

Please note that your responses will be kept strictly confidential and only group data will be presented, i.e., no individual responses will be presented that might reveal who the respondent is. Data will be anonymized before it is shared or presented in any form. Only group data will be presented. Only a team working on the survey data on behalf of the AED board will have access to data from this study.

We are grateful to you for your valuable time, and for the work you do!

I give consent for my data to be shared in fully anonymised form for teaching and training purposes

Agree ☐ Disagree ☐

1. Please indicate your gender:

☐ Male

☐ Female

☐ Inter/diverse

2. What is your age?

3. What country do you work in?

4. Name of the service/institution you work for (This is optional - your responses will be kept confidential and will only be known to the AED survey group):

5. What is the highest educational degree / training you have obtained?

☐ Diploma (certificate awarded by an educational establishment)

☐ BA / Bachelor Degree

☐ MA / Master Degree

☐ PhD (or Doctoral Degree)

☐ Other Research Degree, please specify

☐ Not applicable

☐ Other

6. How many years have you worked (incl. clinical services, as trainee, or part of a research team) with patients in the field of eating disorders? Please specify:

☐ Less than 1 year

☐ 1-3 years

☐ 4-5 years

☐ 6-10 years

☐ >10 years

☐ Other (please specify)

7. What is your professional background? (You may choose more than one):

- ☐ Dietitian
- ☐ Medical Specialist
- ☐ Nurse
- ☐ Occupational Therapist
- ☐ Adult Psychiatrist
- ☐ Child Psychiatrist
- ☐ Physician
- ☐ Psychologist
- ☐ Psychotherapist
- ☐ Researcher
- ☐ Family Therapist
- ☐ Social Worker
- ☐ Pediatrician
- ☐ Other (please specify)

6.a. Do you have a specific job title / role (e.g. Head of Service or Service Manager)?

8. Have you had specific specialized training and / or received certification in eating disorder treatment?

- ☐ Yes, supervised training in my service (e.g. training you have received on the job since being hired)
- ☐ Yes, accredited training through an accredited eating disorder body
- ☐ Yes, specific training as a part of my degree study
- ☐ No

Other (please specify)

9. How many hours a day (and for how long) was the training you received before you started working in the eating disorder field?

☐ No specific training

Hours

Days

Months

Years

10. How many hours (and for how long) of training did you receive since you started working in the eating disorder field?

☐ No specific training

Hours

Days

Months

Years

11. **Only applicable to persons who have received specific eating disorder training: How satisfied were you with the training (e.g., its quality, quantity, or any other aspect) you received in eating disorders? Please indicate a number considering 0 as the lowest and 10 as the highest level of satisfaction.**

Commento [GKT1]: People who answered "none" skip this question

0 1 2 3 4 5 6 7 8 9 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Comment: Why were you satisfied/dissatisfied)?

12.
13. **Is there one or more recognized eating disorder training program(s) (e.g. a degree-granting program, master program, or internship) available in your country?**

- ☐ Yes
☐ No
☐ Not sure

If yes, please specify the provider(s)

14. **Do you have free access to scientific libraries and/or publications?**

- ☐ No
☐ Yes

15. **How do you update your knowledge on eating disorders? (Choose all that apply)**

- ☐ Journals
☐ In-person seminars
☐ Webinars
☐ Professional or scientific societies' educational or annual meetings (Conferences)
☐ University courses
☐ I don't

Other (please specify)

16. How satisfied are you with these sources listed above?

Please indicate a number considering 0 as the lowest and 10 as the highest level of satisfaction

0	1	2	3	4	5	6	7	8	9	10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

17. How would you prefer to keep updated in the future? (Choose all that apply)

- ☐ Journals
- ☐ Seminars
- ☐ Webinars
- ☐ Professional or scientific societies educational or annual meetings
- ☐ Conferences
- ☐ University courses
- ☐ I don't

Other (please specify)

18. In which specific area(s) would you like more training? (Please select up to 3)

- ☐ Diagnosis and management of physical complications
- ☐ Diagnosis and management of psychiatric comorbidities
- ☐ Pharmacological treatment
- ☐ Cognitive Behavior Therapy (CBT)
- ☐ Family psychotherapy
- ☐ Interpersonal Psychotherapy (IPT)
- ☐

Dialectical Behavior Therapy (DBT)

- ☐ Maudsley Model of Anorexia Treatment for Adults (MANTRA)
- ☐ Psychodynamic therapy
- ☐ Internet-based psychotherapies
- ☐ Meal support
- ☐ Motivational interview
- ☐ Radically Open DBT
- ☐ Adolescent Focused Therapy (AFT)
- ☐ Family-Based Therapy (FBT)
- ☐ Specialist Supportive Clinical Management (SSCM)
- ☐ Nutritional aspects
- ☐ Non-verbal interventions
- ☐ Group therapy
- ☐ Psychoeducation for family/carers
- ☐ Guided self-help

Other (please specify)

19. In your opinion, what is the minimum training that every professional working with eating disorder patients should receive? Please rate each row

	Not relevant to ED	Some training	Priority-intense training
Biological basis of eating disorders	☐	☐	☐
Psychopathology of eating disorders	☐	☐	☐
Physical complications of eating disorders	☐	☐	☐
Eating disorder specific psychotherapy approach	☐	☐	☐
Non-eating disorder specific psychotherapy approach	☐	☐	☐
Comorbidities	☐	☐	☐
Nutritional aspects	☐	☐	☐

Psychiatric aspects of eating disorders

☐☐☐

Research experience ineating disorders

☐☐☐

Other (please specify)

20. Who should provide this training? Please select one or more

☐

Public health care system

☐

Private

☐

University

☐

A [nonprofit/for-profit] eating disorder organization

☐

Scientific community

☐

Combination of the above

Other (please specify)

21. Does your eating disorder service (e.g., program, practice, organization) offer ongoing clinical supervision to staff?

☐

Yes

☐

No

22. If you answered “Yes” to the question above: How often does your service facilitate supervision of your eating disorder work?

☐

Once a week

☐

Once a month

☐

Once a trimester

☐

Once every six months

☐

Once a year

☐ Less than once a year

Other (please specify)

23. What age group(s) do you work with? Please select all that apply

☐ Children

☐ Adolescents

☐ Young adults

☐ Adults

24. What type of service do you work in?

☐ Community specialist in eating disorders

☐ Day care service for eating disorders patients

☐ Inpatient eating disorder service for adults

☐ Medical/pediatric facility that also treats eating disorders

☐ Mental health service which also treats eating disorders

☐ Mixed eating and feeding disorder service

☐ Mixed specialized eating disorder inpatient/outpatient service

☐ Private practice

☐ Research unit

Other (please specify)

Commento [GKT2]: Multiple options permitted

25. Does your service conduct research or offer participation in research projects (including research led by other services / research groups)?

- ☐ Yes
- ☐ No

26. How many hours a week do you dedicate to patients with an eating disorder (clinical and / or research)?

Number of hours:

27. Who funds the service you work in?

- ☐ Patients pay directly to the service
- ☐ Public (Government)
- ☐ Insurance system
- ☐ Mixture of above

Other (please specify)

Commento [GKT3]: Multiple options permitted

28. If your service accepts insurance covering the cost of patient care, does the insurer impose a maximum length of service available to an eating disorder patient?

- ☐ Yes
- ☐ No
- ☐ Not applicable
- ☐ I don't know
- ☐ If yes, what is the maximum length of service?

29. Is your service accredited by any quality control network / organization?

- ☐ Yes
- ☐ No
- ☐ Don't know

Which organization (please specify)

30. The following eating disorders are treated in my service (please select all that apply)

- ☐ Anorexia Nervosa
- ☐ Bulimia Nervosa
- ☐ Binge Eating Disorder
- ☐ ARFID (Avoidant/Restrictive Food Intake Disorder)
- ☐ Pica
- ☐ Rumination
- ☐ Night Eating Syndrome
- ☐ Other? Please specify:

31. Does your eating disorder service offer training to students?

- ☐ Not applicable
- ☐ No
- ☐ Yes

If yes, please specify who is eligible for training (e.g., postdoctoral fellows, graduate students).

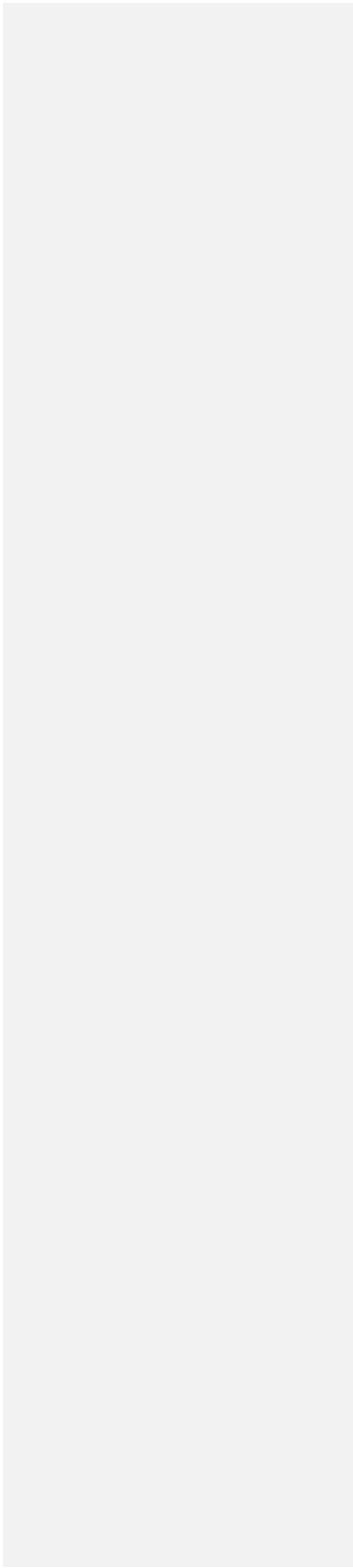
32. Approximately how many patients with an eating disorder are treated on average in your service at any given time?

- ☐ Not applicable

Number of outpatients

Number of inpatients

Number of patients in day treatment



33. What is the average length of treatment for patients in your eating disorder service? (Please estimate in weeks)

Inpatient treatment

Outpatient treatment

Day treatment

Other (please specify)

34. Do your patients receive multidisciplinary treatment (i.e., treatment in your service by professionals from multiple training backgrounds, such as psychiatrists, psychologists, different medical specialties etc.)?

☐ Yes

☐ No

Comment

35. Who are the members of your interdisciplinary team? (please select all that apply)

☐ Psychologist

☐ Medical Specialist (physician other than general practitioner)

☐ Occupational Therapist

☐ Pediatrician

☐ Adult Psychiatrist

☐ Child/Adolescent Psychiatrist

☐ Social Worker

☐ Dietitian

☐ Trainee

If trainee; in what field?

☐ Psychotherapist

If Psychotherapist; in what field?

Other (please specify)

36. Which profession does your head of service have?

☐ Dietitian

☐ Medical Specialist

☐ Nurse

☐ Occupational Therapist

☐ Adult Psychiatrist

☐ Child Psychiatrist

☐ Psychologist

☐ Psychotherapist

☐ Researcher

☐ Family Therapist

☐ Social Worker

Other (please specify)

37. Do your eating disorder patients have access to medical care within your service (as part of your service configuration)?

☐ Yes - Input from paediatrician

- ☐ Yes - Input from adult medical specialists
- ☐ Yes - Input from GPs (family physician/general physician)
- ☐ Other
- ☐ No - We do not have exclusive access to medical care for our eating disorder patients

Comment?

38. Do you share one therapeutic approach to eating disorders in your service?

- ☐ Yes
- ☐ No

Please specify the therapeutic approach(s)

39. Which diagnostic system(s) are used in your service? (please select all that apply)

☐ DSM-IV

☐ DSM-5

☐ ICD-10

☐ ICD-11

☐ None

Other (please specify)

40. Is diagnosis made using standardized diagnostic interviews (e.g., SCID, EDE, EDD)? (please select all that apply)

☐ No - don't use any standardized diagnostic interviews

☐ Yes - Please specify which (please select all that are applicable)

☐ Structured Clinical Interview for DSM Disorders (SCID)

☐ Eating Disorder Diagnostic Interview (EDD)

☐ Structured Inventory for Anorexic and Bulimic Eating Disorders Export Rating (SIAB-EX)

☐ Other (please specify)

41. Are self-report questionnaires (e.g. EDI, EDE-Q, etc.) used to contribute to the diagnosis of your patients? (please select all that apply)

☐ No

☐ Yes - If yes please specify which (please select all that are applicable)

☐ Eating Disorder Examination Questionnaire (EDE-Q)

☐ Clinical Impairment Assessment Questionnaire (CIA)

- ☐ Eating Pathology Symptoms Inventory (EPSI)
- ☐ Questionnaire on Eating and Weight Patterns (QEWP)
- ☐ Structured Inventory for Anorexia and Bulimic Eating Disorders Questionnaire (SIAB-S)
- ☐ Munich ED Questionnaire
- ☐ Eating Disorder Inventory (EDI)
- ☐ Other

42. Do you use any national or international guidelines on the management /treatment of eating disorders in your service?

- ☐ No
- ☐ Yes

If yes, please specify

43. Is there any pathway from child/adolescent to adult eating disorder services available to help the transition in your area?

- ☐ No
- ☐ Yes

Comments

44. How long is the waiting list of your service? Please reply in weeks.

Weeks to wait for assessment

Weeks to wait for treatment

Comments

45. Is there a national organization or local network or group in your country or region for eating disorder professionals?

☐

No

☐

Yes

☐

Not sure

46. Do you feel you have adequate opportunity to get involved in the professional development of your eating disorder service?

☐

No

☐

Yes

47. How satisfied are you with the quality of your eating disorder service?
Please indicate a number considering 0 as the lowest and 10 as the highest level of satisfaction

0

1

2

3

4

5

6

7

8

9

10

☐☐☐☐☐☐☐☐☐☐☐

48. Does your eating disorder service offer teaching and training to local schools, colleges, social services, and/or universities on eating disorders?

☐

No

☐ Yes

49. Does your eating disorder service offer patients and carers the opportunity to give feedback e.g., about their own treatment in the following formats: verbal/online/paper forms/cards?

☐ No

☐ Yes

Comments

Please provide your email address if you would like to receive study results:

"Moving to a better world for patients and carers with eating disorders".
European Chapter of Academy for Eating Disorders Meeting
7th June, 1PM to 5.00PM CET (12 to 4PM UK Time), Tuesday (Live on Zoom platform and also available as recorded session)

12:50 to 1:00 PM	Log-in and warming to start on Zoom.
1:00 to 1:10	Plenary Session- 1 Welcome & Introduction: Chair: Professor Umberto Nizzoli President of the European Chapter of Academy for Eating Disorders Ex-President, SISDCA (Italian Society for Food Behavior Disorders)
1:10 to 2:00	Key Note "Rebooting Eating Disorder Services" Professor Janet Treasure Director of the Eating Disorder Unit and Professor of Psychiatry at the Institute of Psychiatry, King's College, London
2PM to 2.20PM	Negative and positive affect as mediators between early childhood parent's empathy& intrusiveness and the addiction in Women Orly Drori & Prof.Yael Latzer Head , School of Social Work, Professor, Faculty of Social Welfare and Health Sciences, University of Haifa, Mount Carmel, Haifa, 3498838, Israel Research Director, Eating Disorders Institution, Psychiatric Division, Rambam Medical Center, Haifa, Israel.
2.40 to 3:00	Parent's experience of caring for their children with Anorexia Nervosa: What can help the family? Dr Ashish Kumar Consultant Psychiatrist, Vice Chair, Faculty of Eating Disorders, Royal College of Psychiatrists, & Associate Medical Director & Clinical Lead for Eating Disorder Services for Children and Young People, Mersey Care NHS Foundation Trust, UK Ex-President, European Chapter of the Academy for Eating Disorders

3:00-3:10	Break Refreshments and Poster Viewing
3:10- 5:20PM	Plenary Session- 2 New Research In Eating Disorders : Presentations from Young Researchers Chair: Dr Ashish Kumar Vice Chair, Faculty of Eating Disorders, Royal College of Psychiatrists, & Associate Medical Director & Clinical Lead for Eating Disorder Services for Children and Young People, Mersey Care NHS Foundation Trust, UK Ex-President, European Chapter of the Academy for Eating Disorders
3:10 to 3:25	Shared Decision Making and Autonomic Motivation in The Treatment for Anorexia Nervosa: A Pilot RCT Alberte Jansingh Clinical psychologist, Behaviour therapist Altrecht Eating Disorders, Rintveld, Zeist, Utrecht, The Netherlands
3:25-3:40	A transdiagnostic approach to interpersonal functioning and eating disorder symptoms in individuals with Anorexia Nervosa and Obesity: A comparison of two studies Katie Rowlands & Robyn Yellowlees Research Assistant & PhD Student Eating Disorders Research Group
3:40-3:55	Eating behaviours of Women with Autism Spectrum Disorder - A Review Sabrina Schröder, Lecturer at department of Clinical Psychology, Utrecht University, The Netherlands
3:55- 4:15	The Social Costs of Eating Disorders in the UK Hope Virgo Author and Multi Award Winning Mental Health Campaigner / Public Speaker
4:15 to 5:05	Dr Agnes Ayton Consultant psychiatrist
5:05 to 5:20 PM	

	Honorary Senior Lecturer at University of Oxford Clinical Director HOPE PC TV Chair of Faculty of Eating Disorders RCPsych Key Note: Advances in Eating Disorder Treatment “Hot off the Press! Eating Disorders, Genes and Environment” Professor Cynthia Bulik Distinguished Professor of Eating Disorders Department of Psychiatry, School of Medicine Professor of Nutrition, Gillings School of Global Public Health Founding Director, UNC Center of Excellence for Eating Disorders Co-Director, UNC Center for Psychiatric Genomics University of North Carolina at Chapel Hill Discussion, Q&A and Closure	
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ED and Obesity AED position

obesity comes from the Latin: ob-esum, because of what one ate.

Twenty-two years ago, in 2000. Joel Yager introduced several works in the American Journal of Psychiatry (157 851-853) with an editorial entitled “Weighty perspectives: contemporary challenges in obesity and eating disorders”. Well earlier, in 1991, the SISDCA – perhaps the first scientific society in the world dedicated to eating disorders - was founded (Milan July 3th 1991). It was conceived by MD obesiologist, internal medicine (Bosello and Melchionda between others) and psychiatrists (Cuzzolaro and Manara between others). We were all convinced that it was essential to study and hold research and clinical in the two fields at the same time.

In the year 1996 was born the journal, owned by SISDCA, named Eating and Weight Disorders, Springer-Nature publisher.

On EWD Dianne Neumark-Sztainer, one of the major advocates of the need to think about integrated prevention programs, appeared her article entitled: The interface between the eating disorders and obesity fields: moving toward a model of shared knowledge and collaboration EWD, **14**, pages51–58 (2009).

In that same 2009, in an editorial published in an epidemiology journal (PMID: 19526739) Jemma Day, Andrew Ternouth and David A Collier used a well-

known metaphor, Two sides of the same coin, to insist on the intersections between eating disorders and obesity.

I don't think the knowledge data has changed in the last few years.

Since the SISDCA foundation in Italy other scientific societies were born (Siridap, 2011; Aidap 2019): all of them deal with ED and obesity.

You certainly understand that the discomfort I feel when I hear that obesity is not our concern.

Inside AED some time ago a reflection had begun on this intersection.

I hereby ask you to continue this reflection.

**Minutes of a meeting of the European Chapter of the Academy for Eating Disorders
Wednesday 4th May 2022 – via Zoom**

		<i>Action</i>
1.	Welcome and apologies:	
	Present:	
	Umberto Nizzoli (UN), Ashish Kumar (AK), Emilia Manzato (EM), Stephen Anderson (SA), Elissa Myers (EMM), Helen Missen (HM), Yael Latzer (YL)	
	Apologies:	
	Gry Kjærdsdam Telléus (GKT), Riccardo Dalle Grave (RDG), Eva Conceição (EC), Thalia Abatzo (TA), Patrizia Todisco (PT)	
	UN Welcomed everyone to the meeting and outlined the agenda for today's meeting.	
2.	Previous Minutes – meeting of April 2022:	
	Minutes were accepted as a record of the meeting.	
3.	Social networks – what is about?	
	Consider how we maintain the social media channels that we have opened – Twitter, Instagram and Facebook. Please send any information that we could share on these channels. These could be useful tools if we use and maintain adequately. UN suggest sharing one piece of information from your area per week of possible.	Colleagues to share info on all social media channels
4.	European Chapter Website	
	EMM gave an update on progress in developing the European Chapter website europeanaed.org and showed the board what information is currently displayed, and suggestions for how to develop this.	Send any suggestions to Elissa
5.	Newsletter	
	Some colleagues have submitted articles to UN for the newsletter. Remaining articles to be sent in to Umberto ASAP please.	Send articles to Umberto

6.	Memorandum of understanding with AED	
	UN wrote to AED Board regarding links and working relationships with the ECB. UN discussed a number of the issues with the meeting. Response from AED Board discussed. This includes requirement of 30% of European Chapter members being members of AED. This is difficult to quantify as EC does not have a specific membership list as such. Also requirement that speakers at AED sponsored events are AED members. Suggested response shared on the screen. Recommend meeting with the Chapter to discuss the MOU. We understand that other Chapters are aware of MOU but have not been asked to sign/agree as yet. It does not appear that any of the Chapters could meet the requirements of the MOU. ECB would appreciate further discussion with AED Board.	
7.	World Eating Disorders Day 2nd June 2022	
	UN updated on plans for the event on 2nd June. Discussed brief videos that could be shared via the platform being organized by AED. SA thought that PCAC had suggested they did not have enough submissions to make the 24 hour session viable – but may have picked this up incorrectly. EMM noted that we have around 1600 contacts in our database and could we could potentially do something specifically for the European Chapter. EM could create a video on eating disorders and obesity to be shared. UN suggested possibilities, including RDG videos on ‘eating disorders and weight’	
8.	European Chapter Conference at ICED 2022, June 7th – Virtual	
	AK reminded of the need to share information/links for this event on social media. Some discussion of the program including communication from FEAST which HM had not been involved with.	SA share links on Twitter
9.	European Conference in Alpach, October 20th – programme	
	This will be hybrid; pre-programme done with UN , Thalia and Karin.	EMM will share draft program
10.	HLA Conference participation: October 8-9th our session programme	
	UN discussed with EC yesterday. This will be face to face and not hybrid as had been thought.	
11.	Global Survey	
	UN presented current state of play in relation to the survey. This is almost completed and has been sent to ethical committee and the survey will be published as a joint endeavour of the PCAC and European Chapter. Translation will be arranged by colleagues in the PCAC and its organisations. AK wrote to original members of the global survey group, including the timeline and issues raised within the EC Board.	Need further information about dissemination etc

12.	Alliance with Expert by experience (and their associations)	
	UN discussed our ongoing aim to work and develop links and relationships with as many carer/experts by experience as possible. Conference (virtual way) May 31th	
13.	Recording	
	UN discussed AED policy on recording and storage of information. Previous recordings of Zoom meetings need to be deleted. UN will email further about this.	
14.	Any other business	
	Suggest discussion about obesity at next meeting in view of lack of time this evening.	
13.	Date of next meeting	
	Wednesday 1 st June 2022	

**Minutes of a meeting of the
Board of Directors of the European Chapter of AED
September 7, 2022**

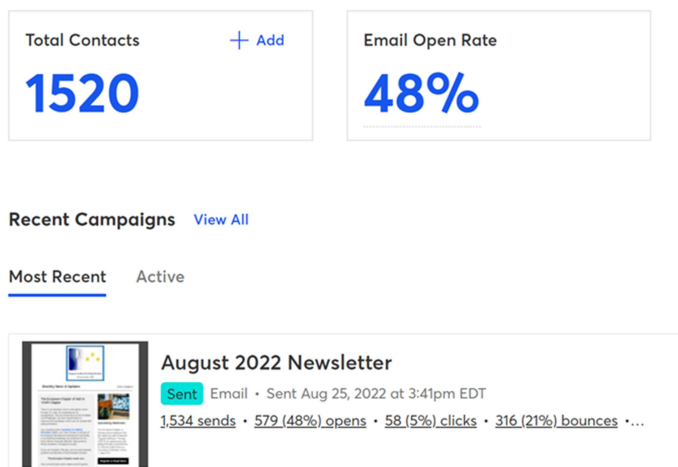
In attendance:

**Umberto Nizzoli
Yael Latzer
Thalia Abatzi
Riccardo Dalle Grave
Emilia Manzato
Patrizia Todisco
Elissa Myers**

Absent

**Helen Missen
Stephen Anderson
Ashish Kumar
Eva Concencio
Gry Kjærdsdam Telléus**

- 1, Approval of the June's ECb Minutes
Minutes are approved
- 2, Social media – what happens
Newsletter sent Constant Contact



Web [European Academy for Eating Professionals \(european-aed.org\)](http://european-aed.org)

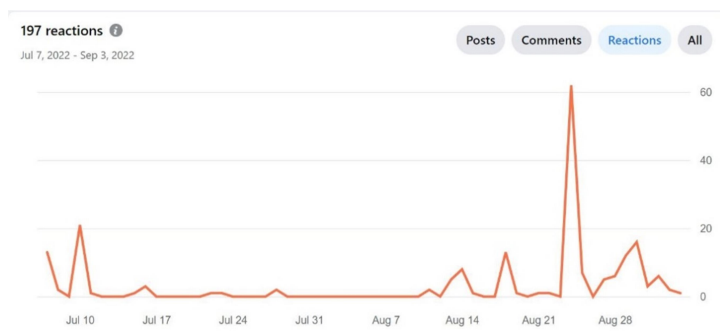
FACEBOOK

(20+) European Chapter of the Academy for Eating Disorders | Facebook

European Chapter of the Academy for Eating Disorders

Public group · 354 members





3, Newsletter- what's next – next issue before Christmas – we want to have one at least quarterly, and need to publish a calendar and author guidelines

4, HLA Conference: October 7th 2022,

Registration/information link: [XVII CONGRESO HISPANO LATINO AMERICANO EN TRASTORNOS DE LA CONDUCTA ALIMENTARIA \(eventtia.com\)](https://eventtia.com/xvii-congreso-hispano-latino-americano-en-trastornos-de-la-conducta-alimentaria)

5, European Meeting in Conjunction with the Austrian Academy for Eating Disorders International Conference

Registration/information link:

<https://www.netzwerk-essstoerungen.at/congress-registration/?lang=en>

6, Webinars (series) with certificate of attendance

The First webinar is scheduled for **Thursday 13 October 5.30 to 7,15pm CET: Riccardo Dalle Grave** on Enhanced Cognitive Behavior Therapy (CBT-E) for adolescents with eating disorders. Umberto will introduce Riccardo. We need to allow sufficient time (45 minutes) for speaker, but also need to allow time for discussion and debate at the end by participants.

We will promote next week to the Euro Chapter contact list – this first webinar will be free – the promotion will include registration information and registrants will receive a link. Riccardo will have the opportunity to “rehearse” – “practice” using the platform.

Planned future webinars:

A- LGBTQI+ & ED

- a. Medical society in Italy – Lesbian/Gay Society of Doctors AMI-Gay – November 17th– 5,30-19pm – same format – introduction, presentation, discussion and questions – two presentations – one 30 minutes from Doctors and one 30 minutes on what services are available

B- Obesity and ED ()

C- Clinical case

F- Others:

- a. Daniel LaGrange – new developments in ED
- b. Yael will do a webinar in January

7, Global Survey – Questionnaire has been concluded – now they are seeking approval from Canadian Ethical Committee. Some of the Euro Chapter members feel that it is not so

important – as it is not collecting information on patients. This week we will begin starting translation. We want to participate and support.

8, Pcac and Chapters dynamic – Umberto sent a statement to the AED staff and leaders to explain our Position on the relationship with the Chapter and the members of the PCAC. We are only a group of professionals who are members of the Academy. Our President Jennifer Thomas responded to say yes, this is important. Gry is leading a discussion within AED to reflect on this question. We are a very different structure than the Academy, and the MOU doesn't entirely recognize the differences.

9, MOU with AED –no news – In the Spring we were asked to rapidly sign this MOU – but now it appears that AED is reconsidering. Umberto is planning to hold a meeting with the other chapter leaders to clarify the position and methodology of AED with its chapters. It's important not just for the European chapter but all – but there also needs to be organized a north American chapter; an African Chapter; and an Asian Chapter.

10. Other business?

- When you have a local initiative or activity around ED, we need to spread it around through the European Chapter – through the newsletter, through social media, and more.
- Also what can we do to improve our relationship/support of the Patient Carer communities in each country. Germany, Switzerland, Sweden, and more

Yael has invited someone from NEDA to discuss how we can perhaps work together. Perhaps we will invite them to the next meeting of the Board!

Thanks to Elissa for her continued support. Thanks for your energy and passion!

Remember: see you on Wednesday October 5, 2022 9pm CET

Umberto

**Minutes of a meeting of the European Chapter of the Academy for Eating Disorders
Wednesday 5th October 2022 – via Zoom**

		<i>Action</i>
1.	Welcome and apologies:	
	Present:	
	Umberto Nizzoli (UN), Emilia Manzato (EM), Riccardo Dalle Grave (RDG), Stephen Anderson (SA), , Thalia Abatzi (TA), Yael Latzer (YL), Jessica Barker (JB), Phil Crockett (PC), Lisa Mukherjee (LM)	
	Apologies: Gry Kjærdsdam Telléus (GKT), Helen Missen (HM), Eva Conceição (EC), Elissa Myers (EMM), Ashish Kumar (AK), Patrizia Todisco (PT),	
	UN Welcomed everyone to the meeting and outlined the agenda for today's meeting. Phil Crockett and Lisa Mukherjee have joined the meeting on behalf of the RCPsych Faculty of Eating Disorders. PC is Chair of the RCPsych in Scotland Faculty of Eating Disorders and LM is a member of the RCPsych Faculty of Eating Disorders Executive Committee.	

	UN has invited two other colleagues to join and we hope they may join next time. Marta Tyszkiewicz-Nwafor from Poland, and Hrvoje Rendulic from Croatia.	
2.	Previous Minutes – meeting of September 2022:	
	Minutes were accepted as a record of the meeting.	
3.	Social Media	
	Newsletter has been distributed Website development ongoing European Academy for Eating Professionals (european-aed.org)	
4.	Newsletter	
	Next issue is scheduled for the week of Christmas	
5.	Webinar 13th October – Riccardo Dalle Grave	
	UN noted that more than 300 delegates have registered so far for this event. This has been advertised widely and is a very popular program. Agenda will be a 45 minute talk by RDG and then time for discussion. Attendees will be able to submit questions via the chat facility. UN had asked AK if he would be able to host the discussion but AK is not available. The Zoom account only allows 100 attendees so EMM has paid for additional space from her own money. There was discussion about how this could be funded and the possibility of purchasing another license on behalf of the EC Board. UN notes difficulties in opening a bank account for the Chapter. It was suggested that the European Chapter should be able to use the Zoom account of AED. UN will look into this.	UN to discuss use of AED Zoom for the EC Webinars
6.	European Conference in Alpbach, October 21st 2022 -- program	
	It was noted that very few people have registered for this event so far and colleagues were asked to publicise again within their societies and organisations. AED president Jennifer Thomas will be delivering a talk via Zoom – neurobiology of ARFID. The European Chapter meeting is on the Friday afternoon and current bookings are disappointing.	
7.	HLA Conference participation: October 8-9th 2022, European session, program	
	EMM will be attending. YL had planned to be there but is unfortunately not able to travel. UN will be attending the Italian Congress at the same time. UN has sent a video of greetings to our HLA colleagues. We hope to receive feedback on the event next month.	
8.	Webinar (series) with certificate of attendance	
	A- LGBTQIA+ and Ef 17 th November. UN has made contact with potential speakers including Jason Nagata. Further details to follow and if colleagues	All – contact UN with

	have any other potential speakers, please contact UN directly. B- Obesity and ED – again, any suggestions for speakers, please contact UN directly. A number of suggestions were made during the meeting and RDG noted a number of studies in this area. There was some discussion about the term ‘obesity’ and it would be useful to discuss this within the webinar. C - Clinical case D - Others:	potential speakers
9.	Global Survey	
	Translation is underway. YL is translating in to Hebrew and TA noted that she could translate into Greek if this would be helpful.	
10.	Memorandum of Understanding, MOU with AED	
	There has been no further progress with this.	
11.	Any other business	
	None.	
12.	Date of next meeting	
	Wednesday 2 nd November 2022	

**Minutes of a meeting of the European Chapter of the Academy for Eating Disorders
Wednesday 5th October 2022 – via Zoom**

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	the term 'obesity' and it would be useful to discuss this within the webinar. C - Clinical case D - Others:	
9.	Global Survey	
	Translation is underway. YL is translating in to Hebrew and TA noted that she could translate into Greek if this would be helpful.	
10.	Memorandum of Understanding, MOU with AED	
	There has been no further progress with this.	
11.	Any other business	
	None.	
12.	Date of next meeting	
	Wednesday 2 nd November 2022	

**Minutes of a meeting of the European Chapter of the Academy for Eating Disorders
Wednesday 7th December 2022 – via Zoom**

		Action
1.	Welcome and apologies:	
	Present:	
	Umberto Nizzoli (UN), Stephen Anderson (SA), Yael Latzer (YL), Detelina Stamenova (DS), Gry Kjærdsdam Telléus (GKT), Helen Missen (HM), Ashish Kumar (AK), Patrizia Todisco (PT), Dawn Gannon	
	Apologies: Eva Conceição (EC), Emilia Manzato, Riccardo Dalle Grave, Thalia Abatzi, Elissa Myers (EMM),	
	UN Welcomed everyone to the meeting.	
2.	Previous Minutes – meeting of November 2022:	
	Minutes were accepted as a record of the meeting.	
3.	Webinar 14th December – Judy Krasna (FEAST)	
	There are currently 24 individuals signed up for the Judy Krasna webinar – though almost no one from the board has signed up. We can get another reminder out by Constant Contact this week or next. I think Judy plans to use the full hour for her presentation and to handle Q& A specifically on her presentation. We have the list of those who registered and we could send an invite to put together a meeting to talk about how we can engage with the patient-carer community – or we could extend this webinar to allow time for that discussion.	All – promote webinar locally

	UN discussed the importance of working closely with carer associations.	
	Colleagues asked again to share the program and link with their networks.	
4.	Webinar series proposals	
	Webinar on obesity on January 19th 2023. First speaker, Cuzzolaro Massimo will discuss 'Is obesity and eating disorder?' YL will discuss family treatment. The aim is to have sufficient time for discussion and sharing experiences with colleagues in European countries. Other colleagues keen to present on this topic so suggest further webinars on this topic. LGBT Webinar was well attended and UN suggested that it would be helpful for us to follow up on this with more work within the chapter. YL noted that colleagues from Israel have submitted a proposal to UN for consideration. AK will present on MEED in March 2023. Thanks to Dawn Gannon, the two European Chapter pre-ICED events (2021 and 2022) are up on the webpage, as are the two terrific webinars you have hosted so far ... Webinar Library — European Academy for Eating Professionals (european-aed.org) The next two webinars are promoted under events on the web page Events — European Academy for Eating Professionals (european-aed.org)	
5.	Social Media	
	Information provided by Elissa to update - we have 384 members signed up for the Facebook page. In the past 28 days there have been a few posts with a lot of views! Top posts ⓘ In the last 28 days  80 reach, 12 engagement >  allegati il flyer dei prossimi webinar. Is... > 381 reach, 26 engagement  What about incoming Christmas holi... > 235 reach, 22 engagement  LGBTQI + and ED webinar ; there is no ... > 617 reach, 36 engagement  295 reach, 37 engagement >  Ho pensato che potesse piacere al gru... > 80 reach, 6 engagement UN reminded colleagues to try to be more active on all social media channels to post and share information, including on services on our own	All – share via all social media channels

	countries.	
6.	Newsletter	
	UN keen to disseminate by the end of the year. A number of articles have been received including information on recent webinars and information on the European Chapter activity. UN urges colleagues to submit an article within the next 48 hours.	All – submit articles ASAP
7.	LGBT and Eating Disorders Project	
	Following the recent webinar, UN suggests further work in this area within the Chapter. AED and Amigay have discussed making recommendations/guidelines with us in relation to assessment of LGBT populations with eating disorders. If anyone interested in getting involved with this work, please contact UN. Emilia Manzato is interested in being part of this. This will commence shortly.	All – send note of interest to UN
8.	Carers and other associations	
	As well as the next webinar with FEAST, UN has arranged further meetings to share experiences of carers in languages other than English. Keen to promote this work as the issues face carers in all countries. HM meeting with carer groups around Europe and there has been discussion of forming a larger group of these organisations. HM noted that the group was initially aimed at developing and sharing resources. Some countries keen to develop the work further and be more of a formal organisation. There are issues with translation at these meetings – need to remain inclusive of all countries so HM asked about any potential translation support for this. AK wondered about the possibility of a workshop/conference. UN suggested that EC could prepare statement for carer organisations and policy makers etc.	All – feedback to HM
9.	Invitation to other European colleagues	
	UN has invited a colleague from Croatia. He is unfortunately unwell and unable to be here this evening. Colleague Marta in Poland should be able to attend in January. YL suggested a colleague from Hungary and will make contact to join the next meeting.	
10.	March 15th and June 2nd	
	UN noted the need to consider agenda/topics for these events. All proposals are welcome; deadline, next ECb	
11.	ICED Washington DC, 2023	
	UN ask everyone to propose how we'll organize a European Conference the day before ICED. GKT noted that AED has not decided whether pre-conference events will be possible at this conference. A decision is expected imminently.	
12.	Meeting with AED President	
	UN updated on recent meeting with AED president. Topics included global	

	survey and MOU and how to proceed with these. Suggestion of repeating these meetings regularly to improve dialogue/communication with AED Board. GKT noted importance of PCAC and EC working together and sharing the survey with members.	
13.	Any other business	
	EMM has spent over \$1136 of her own money to support the European Chapter, for example with the Zoom licence. Discussed opening a bank account and asking members for a donation or fee to help cover this and support next year's costs. AK suggested that he could open an account. UN has had difficulty trying to do this in Italy. AK discussed how we could go about this within the Board. All agree with this proposal. YL noted that Israeli Association of ED is interested in inviting the European Chapter conference to Israel. This will be discussed again.	AK to check process with local bank.
14.	Date of next meeting	
	Wednesday 4 th January 2023	